

Town of Brookhaven To Hold Eighth Annual "Polar Plunge" at Cedar Beach to Benefit Special Olympics

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Farmingville, NY – On Saturday, November 18, the Town of Brookhaven and the Special Olympics of New York will host the eighth annual "Polar Plunge: Freezin' for a Reason" at Cedar Beach in Mount Sinai. Last year, more than 700 plungers braved the chilly water of the Long Island Sound to collectively raise over \$140,000 for the Special Olympics. Get more information or register online now . On-site registration will be from 9:00 am to 11:30 am and the Polar Plunge will begin at 12:00 noon. Every plunger that raises \$150 or more will receive an official "Polar Plunge: Freezin' for a Reason" sweatshirt.

Supervisor Ed Romaine said, "It's always great to see a large turnout at the Polar Plunge and I think that this year will be no exception. I commend all the volunteers, Town employees, police, fire and ambulance staff who work so hard to make this a successful event every year."

"The Special Olympics is such a great organization and I hope we get an even bigger crowd than last year to come out and show their support," said Councilwoman Jane Bonner. "I plunge every year and the water is chilly, but the reward of knowing that I was able to make a difference in someone's life by taking the plunge makes it all worthwhile."

Special Olympics New York, Long Island Region has 4,000 athletes training and competing year-round in 22 Olympics-style sports. The athletes and their families or caregivers are never charged to participate. It costs \$400 to support training and competition for one athlete for one sports season. For more information about the Special Olympics New York, go to specialolympicsny.org .

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